

Blackwood Special Schools Outdoor Education Centre Inc.

BUSH COOKING



**THIS ACTIVITY CANNOT BE CONDUCTED ON DAYS of TOTAL FIRE BAN
or
DURING DAYS of EXTREME FIRE CONDITIONS**



Bush Cooking Locations

- 🐨 Blackwood Special Schools Outdoor Education Centre Inc. Bush Cooking Activity Site
- 🐨 The Tent Shelter Accommodation Site Outdoor / Indoor Campfire
- 🐨 The School Accommodation Site Outdoor Campfire
- 🐨 The Residence Accommodation Site Outdoor Campfire
- 🐨 Wombat State Forest
- 🐨 Lerderderg State Forest

Bush Cooking Descriptions

- 🐨 Bush Cooking is an activity where the students are required to cook their chosen recipes on an open fire.
- 🐨 Students are required to prepare the ingredients for cooking.
- 🐨 It is the Group Leaders decision as to whether the act of lighting the fire is to be completed by the students as part of the overall Bush Cooking Activity Experience.
- 🐨 Students are responsible for extinguishing the fire at the end of the activity:-
 - 🐨 The fire will NOT be classified as extinguished until the students can safely place their hands into the coals and hold the coals.

Age Suitability

- 🐨 All ages.

Staff Ratio

(Remember Blackwood Special Schools Outdoor Education Centre Inc. Staff cannot be considered as part of your Staff : Student Ratio at any stage during your Blackwood Experience.)

- 🐨 1:8 - leaders/teachers/adults to campers (a minimum of 2 Visiting Staff must accompany any Bush Cook)

Blackwood Special Schools Outdoor Education Centre Inc. Staff Experience

- 🐨 To ensure the Activity is appropriate for the age, ability & experience of the visiting students.
- 🐨 To safely & confidently implement the Bush Cooking Activity.
- 🐨 Take responsibility for the technical and related safety of participants engaged in the activity.
- 🐨 Confirming Weather conditions with Group Leaders prior to preparing the Bush Cooking Activity.
- 🐨 Briefing participants about the nature and purpose of the activity, about potential hazards and appropriate safety procedures and instructions to be followed.
- 🐨 Risk Management & Emergency Procedures
- 🐨 All other Logistical requirements for implementing Bush Cooking at the Centre

Group Leaders Experience

- 🐨 Must have previous experience in supervising groups in outdoor recreation activities.

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Student Participant Experience

- 👤 Ability & Willingness to safely move about a Campfire Site.
- 👤 Awareness of others and safety guidelines relating to the Bush Cooking Activity.

Blackwood Special Schools Outdoor Education Centre Inc. Responsibilities

- 👤 To ensure the selected Bush Cooking Site is appropriate for the age, ability & experience of the visiting students.
- 👤 To safely & confidently implement the Bush Cooking Activity.
- 👤 Take responsibility for the technical and related safety of participants engaged in the activity.
- 👤 Confirming Weather conditions with Group Leaders prior to preparing for the Bush Cooking Activity.
- 👤 Briefing participants about the nature and purpose of the activity, about potential hazards and appropriate safety procedures and instructions to be followed.

Group Leaders Responsibilities

- 👤 **GROUP LEADERS ARE FULLY RESPONSIBLE FOR PROVIDING ALL BUSH COOKING INGREDIENTS**
- 👤 The Group Leader will be responsible for the supervision and behaviour of campers on the activity, at all times and for first aid.
- 👤 Assessing first aid requirements, identifying campers at risk
e.g. asthma and appointing the first aider
- 👤 Informing other Visiting Staff of their roles in the behaviour, supervision and instruction of campers.
- 👤 Monitoring the welfare and fitness of Campers and other Visiting Staff.
- 👤 Checking the suitability of clothing and equipment carried by Campers and other Visiting Staff.
- 👤 Undertaking a head count prior to, during and after the Bush Cooking Activity.
- 👤 Implementing sun safe strategies for all Campers & Visiting Staff.
- 👤 Recording all incidents - including near misses - on the Incident Notification Form and / or patient Care Report and advising the Blackwood Special Schools Outdoor Education Centre inc. Staff and their School Principals.
- 👤 Assuming all Blackwood Special Schools Outdoor Education Centre Inc. Staff Responsibilities - as listed above - if leading the Activity without Blackwood Special Schools Outdoor Education Centre Inc. Staff support.

Visiting Staff Responsibilities

- 👤 To carry out tasks as directed by the Group Leader and / or Blackwood Special Schools Outdoor Education Centre Inc. Staff.
- 👤 These may include - but are not limited to:-
 - 👤 Monitoring the welfare and fitness of campers;
 - 👤 Assisting the Group Leader and Blackwood Special Schools Outdoor Education Centre Inc. Staff;
 - 👤 First aid responsibility;
 - 👤 The supervision and behaviour of campers;
 - 👤 Adhering to the safety rules.

Participant Responsibilities

- 👤 Adhering to the safety rules and directions of:-
 - 👤 Blackwood Special Schools Outdoor Education Centre Inc. Staff
 - 👤 Group Leader
 - 👤 Visiting Staff

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Safety Equipment, Inventory & Clothing Requirements

Blackwood Staff	Group Leader	Visiting Staff	Participants
🐘 Matches	🐘 1 st Aid Kit	🐘 Sunscreen	🐘 Hats
🐘 Paper	🐘 All Medical Details	🐘 Ingredients	🐘 Appropriate Clothing
🐘 Buckets of Water	🐘 Water	🐘 Water	🐘 Water
🐘 Cooking & Eating Tools	🐘 Appropriate Clothing	🐘 Appropriate Clothing	🐘 Solid Footwear
<p>🐘 Everyone should wear solid footwear at all times eg. sandshoes/runners - Thongs, Sandals & Gumboots are NOT appropriate</p>			

First Aid Requirements

- 🐘 The Group Leader **MUST** carry a first aid kit at all times.
- 🐘 There **MUST** be a qualified first aider within the visiting staff - not necessarily the Group Leader.
- 🐘 Insect repellent and stingoes is a good idea.

Safety Briefing & Emergency Response

- 🐘 DO NOT run around the Campfire Bush Cooking Site
- 🐘 DO NOT run when collecting wood & sticks for your Bush Cooking Fire
- 🐘 DO NOT step over the Bush Cooking Fire
- 🐘 Bush Cooking is a slow Activity that requires patience and persistence
- 🐘 Demonstrate to the students how to light a match
- 🐘 If students are lighting the fire they are only given one match per student to light the fire
 - 🐘 Once the fire is alight the unused matches are collected from the students
- 🐘 Students are responsible for extinguishing the fire
 - 🐘 The fire will NOT be classified as extinguished until the students can safely place their hands into the coals and hold the coals
- 🐘 Students are responsible for cleaning all the Bush Cooking Equipment at the end of the Activity
- 🐘 IF THERE IS AN EMERGENCY SITUATION EVERYONE MUST STOP AND FOLLOW THE DIRECTIONS OF BLACKWOOD SPECIAL SCHOOLS OUTDOOR EDUCATION CENTRE Inc. STAFF / GROUP LEADER / EMERGENCY SERVICES

Activity Notes

- 🐘 Anyone Leading the Bush Cooking Activity through Blackwood Special Schools Outdoor Education Centre Inc **MUST BE**:-
 - 🐘 Familiar with the Bush Cooking Activity
 - 🐘 Familiar with the Bush Cooking Safety Briefing
 - 🐘 Familiar with Emergency & Risk Management Plans
 - 🐘 Currently 1st Aid Level 2 Qualified
- 🐘 Everyone **MUST BE** checked to ensure they have appropriate gear for the Bush Cooking Activity
- 🐘 Issue Wet Weather Jackets - if required
- 🐘 Constantly check the health and wellbeing of all members of the group throughout the walk

Environmental Considerations

- 🐘 Groups **MUST** implement Minimal Impact throughout the Bush Cooking Activity
- 🐘 These include but are not limited to:-
 - 🐘 Don't burn or bury rubbish
 - 🐘 If you carried it in, you carry it out
 - 🐘 Don't feed or leave food for the animals
 - 🐘 Leave campsites & visited sites better than you found them
 - 🐘 Keep fires small and don't destroy the bush when collecting fire wood
 - 🐘 Be absolutely sure the fire is out before leaving your campsite

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